

Policy and guidelines

The Youth Red Cross is a most important constituent of its mother organization Indian Red Cross Society. YRC aims at inculcating the 7 fundamental principles of the Red Cross movement Viz., Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and University. The Youth Red Cross is organized with a view to develop and deploy students youth resource for working towards these principles.

It also aims at inculcating in youth the ideals and practice of service especially in relation to:

- Taking care of their own health and that of others.
- Understanding and accepting civic responsibility,
- Promotion of national and international understanding and goodwill by using their international link of the movement.
- Promotion of volunteerism.

1. YOUTH RED CROSS AFFILIATION:

All Govt./ Aided/ Non-Aided First Grade Colleges, Engineering., Health, Sciences, agricultural, Horticultural, Veterinary Science, Forestry, Fisheries, Teacher Education, Law Colleges, Polytechnics and any recognized degree colleges shall apply to the Karnataka State Branch of the Indian Red Cross Society on the prescribed format for grant of affiliation by paying onetime fee which is presently Rs. 1500/-, The Indian Red Cross Society, Karnataka State Branch Shall within a period of 30 days of the receipt of application shall issue a certificate of affiliation to the applicant.

2. YOUTH RED CROSS MEMBERSHIP:

All Students admitted to the Degree, Post Graduate and Diploma courses by virtue of their joining the college/ polytechnic, keeping attendance as per university rules and paying the prescribed youth Red Cross fee shall become the members of the youth Red Cross of that college/Polytechnic.

CORE GROUP VOLUNTEERS

Any member of YRC who can volunteer his/her time and talent for the cause of Youth Red Cross can become a core group volunteer upon making an application to and on selection by the Youth Red Cross Programmer Officer.

3. YOUTH RED CROSS UNIT:

1. The youth Red Cross units shall consist of 100 Core Group Volunteers or 33% of the total membership.
2. A College/ institute may organized more than one YRC unit for every 300 or more students.
3. Where the student strength is below 300, the 'Youth Red Cross unit' may consist of less number of volunteers.

4. PROGRAM OFFICER:

Program officer shall be appointed by the Principal of the College.

1. From among the members of the teaching faculty who has the required knowledge, attitude, skills and values that the job demands.
2. Other things being equal, the Physical Instructor (or equivalent) or Librarian may also be appointed.

3. Faculty Members appointed on ad-hoc basis may also be considered at the discretion of the principal.

5. **TENURE:**

The term of appointment of Youth Red Cross Programme Officers will be 3 years in the first instance, extendable to another term subject to review of his performance by the Principal and University Youth Red Cross Nodal Officer.

6. **FUNCTIONS OF PROGRAM OFFICERS:**

While all the activities of the YRC are expected to be planned, executed and evaluated by

the volunteers themselves, the Program Officers shall guide them as friend and philosopher. As the leader of the team his/ her role is to help the team set the goal and set the volunteers towards the goal.

7. **OUT OF POCKET ALLOWANCE:**

1. The YRC Program Officers are entitled to OPA of Rs. 400/- p.m.

2. In case of smaller units, the OPA entitlement will be 50% of the upper limit.

8. **YRC STUDENT MANAGEMENT COMMITTEE:**

The YRC Unit shall conduct its day to day business by a duly constituted committee by selecting or electing 10 members among the core group volunteers.

The Managing Committee in its first meeting shall select or elect their students Vice Chairman, Secretary, Joint Secretary. The Program Officer Shall be the Chairperson.

9. **YRC ADVISORY COMMITTEE:**

At the college level there shall be an advisory committee consisting of

1. Principal – Chairperson
 2. Program Officer -Secretary
 3. One faculty member
 4. Students Vice Chairman
 5. Student Secretary
 6. One representative from District/ Taluk Branch of IRCS.
- Adequate representation of woman to be ensured wherever applicable.

10. **FUNCTIONS OF ADVISORY COMMITTEE:**

The committee will meet at least twice a year

1. To plan and review Youth Red Cross activities.
2. To approve YRC Budget.
3. To prepare action plan.
4. To advice on YRC related programs and activities.
5. To address YRC related issues and problems.

11. **MAINTNANCE OF ACCOUNTS:**

It shall be the responsibility of the college to maintain separate accounts of the youth Red

Cross fee received and ensure its periodic audit by a Chartered Accountant or as per Govt./ grant-in-aid/ institutional norms as applicable. The institute/college shall submit audited statement of account to the Nodal Officer.

12. FINANCIAL NORMS:

Out of the fee of Rs. 50/- collected from each student.

1. 15/- shall be credited to the State Branch of IRCS, KSB, Bengaluru. Out of Rs. 15/- receivable by the IRCS, KSB, Rs. 5/- per student shall be remitted to each University/Directorate for meeting the expenses on payment of honorarium etc., and conveying annual meeting of YRC Programme Officers for planning and review of Youth Red Cross activities.
2. 35/- shall remain with the college for program Development of the Youth Red Cross.

The following items of expenditure shall be considered as valid under the program development.

- Travel cost of Program Officers, Resource Persons and Volunteers.
- Project related expenses.
- Out of pocket allowance to Youth Red Cross Program Officer.
- Postage and Printing.
- Purchase of stationery, small equipment's and other contingent expenses needed to run the office.
- Refreshment/working lunch to volunteers.
- Training cost of volunteers not exceeding Rs. 100/- per diem.
- Honorarium to resource persons not exceeding Rs. 500/- per person.
- Part time clerical assistance at Rs. 150/- p.m.

13. CERTIFICATE:

Core group volunteers on completion of two years of volunteership and assigned tasks and targets shall be issued with a certificates by the university (Specimen annexed).

14. RECORDS AND REGISTERS:

The following records and registers are to be maintained by the YRC Unit.

1. Youth Red Cross unit record.
2. Cash Book.
3. Inventory register.
4. Volunteer work diary.

5. ROLE OF INDIAN RED CROSS SOCIETY:

The State, District and Taluk Branch of the IRCS shall provide all the needed information expertise and consultancy services to the Youth Red Cross in their jurisdiction. At the same time the YRC Units need to keep contacts with the above offices for smooth and proper implementation of the programme.

16. YOUTH RED CROSS NODAL OFFICER:

At the University/Directorate level there shall be a Nodal Officer on part time basis to guide, supervise, monitor, administer and control the YRC Units. The YRC Nodal officers shall be appointed by the vice Chancellor of the University/ Head of the Directorate.

The following upper limit is fixed for payment of out of pocket allowance/ Honorarium/ Part Time

Allowance and other contingent expenses of the Youth Red Cross Nodal Officer.

7. YOUTH RED CROSS UNIT RECORD

IRCS, KSB will provide this book to all the affiliated YRC units every year for the purpose of documentation and maintenance. The unit record is a comprehensive cumulative register which contains the following entries/templates.

8. INTERSHIP AND ATTACHMENT

It is an optional activity for those who complete 2 years of volunteer ship. The ideal period of intern ship/ attachment will be the break between any two semesters.

The idea is to familiarize the volunteer/s who by now have been sensitized on humanitarian service to apply their knowledge to field situations and to have an interface with the community. It will be of duration of 7 days which can be completed as a week-long activity or on holidays and weekends that may be spread over, not more than a period of one month.

SELECTION OF AGENCY

The place or agency for attachment/ internship may be identified by the volunteer himself or by the YRC Unit subject to approval of the Youth Red Cross Programme Officers.

THE ILLUSTRATIVE LIST OF PLACEMENT MAY BE

1. Hospital/Dispensaries/Clinics/Pharmacies/Nursing Home
2. Blood Banks/Pathological Laboratories
3. Fire Station/ Traffic Control-Road Safety
4. Old Age Homes /Rescue and Rehabilitation Center/ Beggar colonies
5. Opening Help Desk at Railway station, Bus Stand and at any civic service centers.

Minimum attachments shall be for 56 hours spread over 7 days and to be certified as such by the concerned agency.

Annexure-I Training on first aid

Annexure-II Training on Disaster Management and Preparedness

Annexure-III Training on minimum Skills and Competencies

Annexure-IV Information on blood Donation